**Busy Person’s Retreat**

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Phone:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Availability:** Please circle **all** times you are generally available (a retreat director will be in touch with you about specific dates and times.)

**Sunday Monday Tuesday Wednesday Thursday Friday Saturday**

Morning Morning Morning Morning Morning Morning Morning

Afternoon Afternoon Afternoon Afternoon Afternoon Afternoon Afternoon

After 5pm After 5pm After 5pm After 5pm After 5pm After 5pm After 5pm

Special comments on availability: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How much time do you usually spend in prayer? Do you have a routine?

Describe your prayer life:

Do you have any goals for your relationship with God this Lent?

What obstacles tend to keep you from advancing in your prayer life?